Paracelsus, a True Great Medical, Religious and Social Reformer of the XVI Century IX

Magical Medicine and Doctrine of Signatures using the Example of Water Pepper

Ritalin & Co

Homoeopathic Treatment of Ritalin–Children

Introduction to Aromatherapy I
Hereby I order the monthly magazine Paracelsus – Health & Healing.
(Subscription notice: 1 month before date of expiry, otherwise automatic renewal for another year)

First name, family name

Address (street, post code, city, country)

Telephone, fax, e-mail

☐ 1 year subscription: 12 issues /84.00 €  ☐ 2 years subscription: 24 issues /160.00 €
☐ German  ☐ English  ☐ Spanish  ☐ Number of issues: ____

☐ 1 gift subscription please send to:

First name, family name

Address (street, post code, city, country)

Telephone, fax, e-mail

City, date

Signature

Paracelsus-Center: Tel: +41-(0)41-630 19 07, e-mail: info@paracelsus-center.ch
Bank: Paracelsus-Center, Account No. 216-514422.01V, UBS-Bank Einsiedeln 80-2-2,
Swift / BIC-Code: UBSWCHZH80A, IBAN CH32 0021 6216 5144 2201V

To
Paracelsus-Center
Büelstrasse 17
CH-6052 Hergiswil
Switzerland
Self-abnegation in service expands the forces beyond legitimate extent, leading to such sicknesses as cancer. Spiritual toilers are so much obsessed with their spiritual and service activities, that they deny themselves many basic needs for long years. There is a legitimate limit for the body to tolerate the self-abnegation. When it crosses the limit there would be weakening of psychic energy in the blood which generates the disease. Psychic energy is often exhausted as the result of excessive spiritual outpouring. Teachers of India during the 19th century namely Sri Ramakrishna Paramahansa, Sri Ramana Maharshi, and Shirdi Sai Baba are examples of such illegitimate outpouring of spiritual energy. They were highly self-abnegated in this due to their spirit of service. Two of them have invited cancer and one invited a sickness of lungs which were instrumental for their eventual departure. When psychic energy is weakened in the blood stream to the extremity such sicknesses happen. This gives a key that diseases like cancer can be treated by supplying psychic energy and thereby strengthening the blood. Blood being the mysterious magnetic fluid in the body is responsive to the subtle magnetic energies of wisdom, and the wisdom has such keys as sound, number, color and symbol. Use of these keys is highly healthful in cancer cases. This needs to be thought over by the science of health.

Dr. K. Parvathi Kumar
Maturity (1524–1541)

His life and his medical, religious and social work through Central Europe, Part II

Use of medicines he himself elaborated

Laudanum was probably the most utilized medicine by Paracelsus. It was composed of white wine, saffron, clove, cinnamon and other substances in addition to opium. He was the first one to prepare it. He used it commonly to reduce any type of pain, from children's pain provoked by the first teething to the typical pains produced by cancer and other terminal illnesses; for numbing, anxiety, treatment of diarrhea and to eliminate cough in all kinds of processes, from a simple flu to tuberculosis. Many of his followers thought laudanum could cure all illnesses, except leprosy.¹

Paracelsus, naturally, as the skilled alchemist that he was, at least since 1524, used many other remedies – among them some of metallic origin; in fact, it was he who introduced these kinds of remedies. Almost all medicines he used he elaborated himself: ointments for the wounds of war, especially when in his youth he had to exercise as a doctor for different armies;² pills of various components: on one occasion he fought against a very deadly plague in Vipiteno with some pills of bread rolls stained with infected faeces—a primitive system of inoculation learned from the Turks in Constantinople;³ a remedy against motion sickness which he called, “travelers salt”, which he invented when he had to cross England’s Canal;⁴ and even remedies against lice, which he prepared on one occasion when he himself was infected by these parasites while crossing Wallachia and Ukraine.⁵ In addition, he also learned how to use the healing power of water and natural springs. This he did especially in Bad Ragaz (Switzerland), when he spent a few months in Pfafers Abbey. He wrote a treatise about the therapeutic baths of this place, including precise indications and dietetic regulations, which represent one of the first documents of scientific balneology.⁶ More about this will be talked on later.

Paracelsus did not believe in the medicaments sold in the pharmacies of the time. Indeed they were not trustworthy. Some author has even dared to say that the pharmacy of the XV and XVI centuries was a repugnant kitchen because, in the preparation of remedies they even used “mummy powder”.⁷ Paracelsus could not have been more polite in his descriptions of these kinds of shops: “I do not take any medicines from apothecaries; their shops are just foul sculler-
ies which produce nothing but foul broths.” And he concluded that the best medicines were found, not in any city, but in nature: “All nature is like one single apothecary’s shop, covered only with the roof of heaven.”

His trust in nature had no limits and hence his heroic attempts to integrate his studies with those of medicine through botany and chemistry, and, as will be seen further, with cosmology as well. For him, study of nature was a pleasure. Following the botany which his father had taught him in the same fields and forests of the region where he lived his childhood, he went on many excursions throughout his life to study medicinal plants and minerals in many regions, mostly in Central Europe. In some of those outings he was accompanied by his medical students. This way, he was able to describe in his “Herbarium”, the occult properties of 36 plants as well as some minerals and precious stones. He was even able to use the healing power of some critters in contact with the human skin: on one occasion, he cured the swelling of a hand by wrapping it with live worms with much success.

A great alchemist and researcher

More than as a botanist and biologist, his main research in the field of medicine was carried out as an alchemist. He was a great alchemist; not to obtain gold, although this possibility was at his reach, but to produce medicines. In his treatise titled The Archidoxes of Magic, he stated: “Alchemy does not consist in making gold and silver; the objective is to produce the sovereign essences and utilize them later to cure illnesses.” He considered alchemy as a fundamental means to his medical objectives. Therefore, one of the main purposes of his life was to demonstrate that doctors could cure making the most of the natural properties of the chemical remedies; this way, they could spare the sick patient the typical traumatic treatments of the time, like bleedings. Hence, he is considered the founder of medical chemistry or chemical medicine, iatrochemistry (science dedicated to the production of medicines), and the creator of the concept of chemotherapy. As an alchemist, Paracelsus demonstrated the identical chemical composition of man, earth and other heavenly bodies. He said that hydrogen, sodium, calcium, magnesium and iron were found in man as much as in the heavenly bodies. Indeed, he gave us important revelations about hydrogen, coming to know of its properties and nature accurately. He realized that it contained alkahest, alchemy’s universal solvent, by which all earthly bodies can be reduced to their primitive being, or original matter (ether).

Some authors, like the famous psychologist Jung, even state that Paracelsus was also a precursor of empirical psychology and psychological therapy to the extent that alchemy was not only the mother of chemistry, but the precursive phase of the present psychology of the unconscious as well. When he was very young, he was already interested in the so-called “mental illness”. After realizing that there was nothing written, till date about it, at least in the West, he himself wrote a book about this type of “illnesses” in 1520, when he was not even 30 years old. The psychologist Jung himself affirmed that for Paracelsus alchemy was also a philosophical procedure of personal transformation, i.e. a special way of yoga, as yoga points to a transformation of the state of mind. Paracelsus said that alchemy was not more than the art of turning the impure into pure through fire.

In fact, the alchemy of the west has always been closely related to hermeticism. It was the renaissance of humanism itself, influenced by the hermeticism of the time, which helped revive alchemy. Thus, Paracelsus met with historic and cultural contexts favorable for experimenting with this art or science. Cosimo de Medici, of Florence, asked the great philosopher Ficino to translate Greek works on hermeticism to Latin. Learned men and artists of the XVI century, among them Leonardo da Vinci, considered the knowledge of alchemy as desir-
Paracelsus, a True Great Medical, Religious and Social Reformer of the XVI Century

able. Even the Pope Leo X, from the house of the Medici, had great interest in alchemy and other occult arts. Paracelsus' father himself, besides being a doctor, had been a student of chemistry at a time when it also had connotations of being a student of alchemy. It is already mentioned that, practicing as a doctor, and under the attentive observation of his son, he prepared tinctures and essences and, distilled elixirs to cure illnesses. In the walks, Paracelsus undertook with his father, through the fields and forests, he not only acquired knowledge about plants, but about minerals as well. It was also mentioned earlier that his father taught him first and foremost, natural history and mining, and that he was able to expand this knowledge in the mining school of the famous merchants of the time, the Fuggers in Hutenberg, near Villach, who often visited him and his father. Further, it was also seen how the main teachers Paracelsus had were alchemists. However, he learnt medical science not only from his teachers he had since childhood, but also from many other people as well. For example, when he passed through Constantinople in 1521, he learned the secret of the alchemical gold from a German alchemist called Salomon Trismosin, an expert in kabala and Egyptian magic. He was the one who gave Paracelsus the philosopher's stone, according to Van Helmont, a follower of Paracelsus. Three years earlier, in 1518, he had wanted to go through Spain, especially through the main cities of Andalusia, such as Granada, Córdoba, Sevilla where the remains of the Arab culture were still very fresh to take interest in the alchemical knowledge amassed by that culture. According to K. P. Kumar, the alchemical knowledge of Paracelsus brought him to discover the occult properties of matter as well as the origin of life, agni or cosmic fire.

Attraction to spas and mines

In fact, Paracelsus continued searching for this alchemical knowledge all around Europe. Mines, as well as spas, were to him natural laboratories revealing the hidden properties and powers. It was especially after leaving Salzburg in 1525 that he felt very attracted by spas. First he visited the spas of Baden, Freiburg and Tubingen along the Danube River, especially in Goppingen, Wildbad, Liebenzell and Bade-Baden, where people went to take the health-giving elixir which also cured or alleviated convalescence. Here he studied the mineral waters of the region. As the expert alchemist that he was, Paracelsus knew the universal dissolvent potency of water completely. For him, water was the universal instrument of chemistry and natural philosophy, and the most important means for healing. He also believed that the earth held seminal properties, and that water, when it dissolves and ferments the earthy substances, as it occurs with fire, it produces all things and originates the mineral, plant, and animal kingdoms. He wrote his main study or treatise about therapeutic baths in 1535 in Pfapers (Bad Regaz, Switzerland), and he dedicated it to the prince Abbot of the monastery of that place, Johann Jakob Russinger. This treatise
would be used by experts until the XIX century. Before Pfafers, he had studied the water of St. Moritz and had praised the water spring of this city, which has acidic water (especially in August), and “drives away gout, and makes the stomach as strong in digestion as that of a bird that digests tartar and iron”26 In Pfafers-Ragaz he was fascinated by the healing powers hidden within the water of the spa prepared in a subterranean laboratory. Many people would go to the warm waters of this center for healing. It appears it was in this spa that he spent the most relaxing days of his life.27 He spent a few months in the abbey of Pfaffers. He studied the healing power of the warm water springs and successfully cured the monastery Abbot, for whom he wrote a medical treatise about diet. In the studies he conducted in this spa he included precise dietetic indications and regulations, which represent one of the first documents on scientific balneology (hydrotherapy).28

Regarding mines, throughout his life, and during his constant pilgrimage around endless number of countries, he had many occasions to visit many of them. He didn’t want to miss the study in situ of the most famous ones in Europe. It may be remembered that in his childhood he had already frequented with his father, the mining school which the Fuggers had in the region of Carinthia. Therefore, in his book Chronicle of Carinthia, based on due consideration, he would write: “The mountains of Carinthia are like a coffer that, upon opening it with a key, will reveal precious treasures”.29 Apart from this, during his youth, he visited the British tin-mines of Cornwall, the lead-mines of Cumbria, and the Swedish copper mines of Falun. In his middle age he was able to visit many of the metalliferous operations (copper, lead, iron, silver, or gold) in the central and south of Germany of that time; he got to know the mercury mine of Idrija, in Slovenia; and in the Austrian Tirol, the silver mines of the Inn river valley.30 It was also, precisely in the mining districts of Hall and Schwaz, in Tirol, where in 1533 his interest for examining the common illnesses of miners revived and where, he would write the first recognized and systematized treatise of medical literature about an illness related to work.31

Indeed Paracelsus had the opportunity to put himself inside the shoes of the miners and was aware of their suffering as workers and as people. Later on, we will touch upon his social struggle in favor of this labor collective. His interest for metals and alchemy made him spend many hours of his life in caves, mines and basements. He used to habilitate his laboratories, with their respective ovens, in the basements of the houses or castles where he would stay the longest. For that he used castles of acquaintances or friends, like the Duke of Bavaria in Neuburg, in 1525, or the castle Horn of Saint Gall, in Switzerland, around 1529, property of some rich friends, and with the support of whom he built another chemical laboratory.32 In these laboratories he developed authentic medical and scientific research. He would take pride of having researched forty different diseases.33

... to be continued

Replica of the philosopher, doctor and chemist Andreas Libavius in history vault in the town hall of Rothenburg ob der Tauber
List of References

2. BALL, Philip, *The Devil’s Doctor...*:79.
3. BALL, Philip, *The Devil’s Doctor...*:322.
5. BALL, Philip, *The Devil’s Doctor...*:96-97.
10. BALL, Philip, *The Devil’s Doctor...*:251.
23. PAGEL, Walter, *Paracelsus...*:17–18;
   BALL, Philip, *The Devil’s Doctor...*:185.
30. BALL, Philip, *The Devil’s Doctor...*:93, 94, 97, 318.
*Museum of the Ancient Baths...*:113.
32. BALL, Philip, *The Devil’s Doctor...*:138, 222.

Compiled by Jordi Pomés
jordi.pomes@uab.es
much anaemic and could not move from bed. Then blood transfusion was done. She improved. Later men-ses continued for two years as regular cycles and then stopped.

2. She was matured at 12th year and got married in that year. First pregnancy was at her 13th year. Which ended in abortion. In second deliv-ery baby was breech presentation and expired. Third delivery was fe-male child and she was well.

Family history

1. Husband was suffering from rheu-matic pains with oedema and cured in our treatment.

2. Mother expired with oedema to feet at her 70th year.

Present complaints

1. Pain in all the major joints since two years. This pain started in small joints also since few months. Due to swelling and pain in the knees she could not get up from sitting pos-ition. Due to stiffness in the waist she could not sit for sometime. Fin-gers of the hands were stiff and painful by folding them. She could not walk even a little distance due to stiffness in the knees.

2. Profuse sweats all over the body. Eve little exertion resulted in much perspiration. Surface of the body was cool always.

3. Sleep was good but she was sensi-tive to even least noise. Then she used to wake and scold people with irritability.

4. She craved for sweets.

5. Always she was bathing with cold water. Always craved for cool air and open air.

Remedies for Healing

Cases from the Homeopathic Practice

Joint pain and oedema

Once a lady, asked medicine for her parents. They were bed ridden since few months. As they were in a distant village so she could not bring them. Then I said that I will give medicine if she could report about their conditions correctly and asked her to try it for two months; if there will be no change in the condition, then I will see them. She accepted. Their symptoms were re-port ed in the following way: (...) His wife case was second miracle in their family. She also could not come as she could not move in the house even. Her symptoms were noted in the following way. She was 52 years old.

History

1. Till two years ago she suffered from prolonged uterine bleeding for 10 years. It started as menopausal dis-turbance and continued for so long period. Four years before due to prolonged haemorrhage she grew...
6. Sleep was full of dreams. Dreams were as if someone dead, someone falling from a height. Then she has to get up from sleep and later could not sleep for long time.
7. Due to the advancement of age sight was dim recently.
8. Commanding nature. She did not care anyone. Always she thought that others should follow her order.
10. Lazy. No inclination to work.
11. Always she was chewing something. She was against to follow diet restrictions.
12. She felt melancholic and weeping on hearing any sad news.
13. Always complained weakness and was eating something to get relieved from it.
14. Bowel movement was two or three times a day but not loose.
15. Irritability and anger even by little exertion.
16. Loquacity. After talking for some time felt weak and irritable with pain in the nerves of the head.
17. Memory diminished.
18. Anxiety and fear about trifles.
19. She grew fat and flabby and could not do any work without dyspnoea.

After noting the above information I thought Argentum nitricum and Calcarea carbonica.

On 8.7.82 I started the treatment with Argentum nitricum C6 weekly one dose with Alfalfa Ø daily doses. It was continued till 6-10-82.
As there was no change, on 7-10-82 I prescribed Calcarea carbonica C200 one dose and repeated after fifteen days. Crataegus Ø was given as daily doses.

On 11.11.82 her daughter reported betterment. Prior to using Calcarea carbonica the pains were severe even at rest. But after the drug she was feeling only by exertion. Weakness more. Sweats better.
Continued Crataegus till 12.2.83.

On 13th it was reported that the pains were more and aggravated by cold. Also she was suffering from left sided headache with pain in the left eye. Mr. Ananta Krishna gave her Spigelia C30 two doses on one month with Kalium phosphoricum 3D daily.

On 10.3.83 daughter reported that she had an injury to the leg few days before which resulted in pus formation and fever.

There was no change in the original complaint. Then I gave Hypericum C200 for the acute condition, and Calcarea carbonica C30 on 13.3.83 and 25.3.83 with Magnesium phosphoricum 6D daily.
On 8.4.83 she was better. She could walk in the house and attend to some household work. Mentally also better. Sleep better. Pain in the right el-
bow and right shoulder since 4 days and aggravated by pressure. Continued *Magnesium phosphoricum* 6D till 11.11.83. On that day the patient came to pay her gratitude for the treatment. As the swelling in the knees and ankles continued I repeated the drug *Calcarea carbonica*. On 9.12.83 daughter reported that the swelling increased with feverishness and bad taste. Then I repeated the same drug in C200 potency and repeated after three weeks. Again she started improving. Maintained on placebo. Repeated the drug on 13.7.84 and on 8.2.85 with placebo in the meanwhile. As she was completely better stopped the treatment.

*Dr. E.V.M. Acharia, DHMS*

**Cure by Spiritual Force**

**XLIV**

**3. Miracles of the Grace**

**The Mother:** To fix rigid laws in this way ... cuts you off from the curative Power of the Spirit, it cuts you off from the true Power of the Grace, for you can understand that if by your aspiration or your attitude you introduce a higher element, a new element what we may now call a supramental element into the existing combinations, you can suddenly change their nature, and all these so-called necessary and ineluctable laws become absurdities. That is to say that you yourself, with your conception, with your attitude and your acceptance of certain alleged principles, you yourself close the door upon the possibility of the miracle they are not miracles when one knows how they happen, but obviously for the outer consciousness they seem miraculous. And it is you yourself, saying to yourself with a logic that seems quite reasonable, "Well, if I do this, that will necessarily happen, or if I don't do that, necessarily this other thing will happen", it is you yourself who close the door it is as though you were putting an iron curtain between yourself and the free action of the Grace.

We must learn to rely only on the Divine Grace and to call for its help in all circumstances; then it will work out constant miracles. Nothing is inevitable. At every moment an intervention may come from a higher plane into the material one and alter the course of circumstances. But in this particular case there is a conflict between a very powerful mental construction founded on medical opinion and your faith in the divine Grace.

The power of this medical suggestion lies in the fact that it insinuates itself into the subconscious and acts on the body from there, undetected even by the conscious mind unless it is in the habit of scouring the subconscious with the vigilance of a detective. So there we are. I cannot promise you that your faith in the Grace will be intense and unshakable enough to overcome the harmful effect of these medical suggestions; and I feel that I have no right to tell you, "It is nothing," when everything in your material consciousness is crying out, "Danger!"

Rest assured that our help and our blessings are always with you.

Taken from: *Integral Healing*, Compiled from the works of Sri Aurobindo and the Mother, Pondicherry; 2004

*Spring in Somerville, NJ - 2012,*

*Photo by Siddharth Mallya*
Paracelsus – Remedies

Remedies for Healing

Gynecology

Heavy Menstruation

In case of heavy menstrual bleeding, the shepherd’s purse (*Capsella bursa-pastoris*), also called “bloodroot”, helps. The ingredients (Burserin, tannin, etc.) contained in the Shepherd’s purse cause a contraction of the uterine muscles, and of the vessels, which leads to a blood stop. Paracelsus wrote, “In the bursa pastoris, there is the power of hemostasis during dysentery (diarrhea) and menstruation.” (I/444)

Another excellent plant in the case of excessive menstrual bleeding is the bloodroot (*Potentilla erecta*, *Potentilla tormentilla*). Bloodroot has astringent, analgesic, antimicrobial, decongestant, anti-inflammatory and immune stimulating effects. Its ingredients are: Tannins, Tormentillin, Phlobaphene (responsible for the red color of the bloodroot), etc. Paracelsus said, “Tormentilla arrests bleeding, why? In the anatomy, it is equal to the blood, also Carniola, also Haematites, also corals, each one arrests bleeding.” (II, 280)

Also the lady’s mantle (*Alchemilla vulgaris*) is a popular herb for heavy menstrual bleeding. ¼ l hot water is poured over 2 tsp lady’s mantle herb and strained after 10 minutes. It is ideal to drink already a few days before the menstruation daily 1 to 3 cups of Lady’s mantle tea. Blends can also be prepared with the above-mentioned herbs.

Sabine Anliker

Paracelsus: *Collected Works, Volume III*, Anger publishing house Eick

Bloodroot (*Potentilla erecta*), Franz Eugen Köhler, Köhler’s Medizinal-Pflanzen
Herbal compounds were used to cause temporary clairvoyance in connection with the oracles, especially the one at Delphi. Words spoken while in these imposed trances were regarded as prophetic. Modern mediums, while under control as the result of partly self-imposed catalepsy, give messages somewhat similar to those of the ancient prophets, but in the majority of cases their results are far less accurate, for the soothsayers of today lack the knowledge of Nature’s hidden forces.

The Mysteries taught that during the higher degrees of initiation the gods themselves took part in the instruction of candidates or at least were present, which was in itself a benediction. As the deities dwelt in the invisible worlds and came only in their spiritual bodies, it was impossible for the neophyte to cognize them without the assistance of drugs which stimulated the clairvoyant center of his consciousness (probably the pineal gland). Many initiates in the ancient Mysteries stated emphatically that they had conversed with the immortals, and had beheld the gods.

When the standards of the pagans became corrupted, a division took place in the Mysteries. The band of truly enlightened ones separated itself from the rest and, preserving the most important of their secrets, vanished without leaving a trace. The rest slowly drifted, like rudderless ships, on the rocks of degeneracy and disintegration. Some of the less important of the secret formulae fell into the hands of the profane, who perverted them – as in the case of the Bacchanalia, during which drugs were mixed with wine and became the real cause of the orgies.

In certain parts of the earth it was maintained that there were natural wells, springs, or fountains, in which the water (because of the minerals through which it coursed) was tinctured with sacred properties. Temples were often built near these spots, and in some cases natural caves, which chanced to be in the vicinity were sanctified to some deity.

“The aspirants to initiation, and those who came to request prophetic dreams of the Gods, were prepared by a fast, more or less prolonged, after which they partook of meals expressly prepared; and also of mysterious drinks, such as the water of Lethe, and the water of Mnemosyne in the grotto of Trophonius; or of the Ciceion in the mysteries of the Eleusinia. Different drugs were easily mixed up with the meats or introduced into the drinks, according to the state of mind or body into which it was necessary to throw the recipient, and the nature of the visions he was desirous of procuring.” (Salverte’s *The Occult Sciences*) The same author states that cer-
tain sects of early Christianity were accused of using drugs for the same general purposes as the pagans. The sect of the Assassins, or the Yezidees as they are more generally known, demonstrated a rather interesting aspect of the drug problem. In the eleventh century this order, by capturing the fortress of Mount Alamont, established itself at Irak. Hassan Sabbah, the founder of the order, known as the “Old Man of the Mountain”, is suppressed of having controlled his followers by the use of narcotics. Hassan made his followers believe that they were in Paradise, where they would be forever if they implicitly obeyed him while they were alive. De Quincey, in his Confessions of an Opium Eater, describes the peculiar psychological effects produced by this product of the poppy, and the use of a similar drug may have given rise to the idea of Paradise which filled the minds of the Yezidees.

The philosophers of all ages have taught that the visible universe was but a fractional part of the whole, and that by analogy the physical body of man is in reality the least important part of his composite constitution. Most of the medical systems of today almost entirely ignore the superphysical man. They pay but scant attention to cause, and concentrate their efforts on ameliorating effects. Paracelsus, noting the same proclivity on the part of physicians during his day, aptly remarked: “There is a great difference between the power that removes the invisible causes of disease, and which is Magic, and that which causes merely external effects (to) disappear, and which is Physic, Sorcery and Quackery.” (Translated by Franz Hartmann)

Disease is unnatural, and is evidence that there is maladjustment within or between organs or tissues. Permanent health cannot be regained until harmony is restored. The outstanding virtue of Hermetic medicine was its recognition of spiritual and psychophysical derangements as being largely responsible for the condition, which is called physical disease. Suggestive therapy was used with marked success by the priest-physicians of the ancient world. Among the American Indians, the Shamans – or “Medicine Men” – dispelled sickness with the aid of mysterious dances, invocations, and charms. The fact that in spite of their ignorance of modern methods of medical treatment these sorcerers effected innumerable cures, is well worthy of consideration.

The magic rituals used by the Egyptian priests for the curing of disease were based upon a highly developed comprehension of the complex workings of the human mind and its reactions upon the physical constitution. The Egyptian and Brahmin worlds undoubtedly understood the fundamental principle of vibrotherapeutics. By means of chants and mantras, which emphasized certain vowel and consonant sounds, they set up vibratory reactions which dispelled congestions and assisted Nature in reconstructing broken members and depleted organisms. They also applied their knowledge of the laws governing vibration to the spiritual constitution of man; by their intonings, they stimulated latent centres of consciousness and
thereby vastly increased the sensi-
tiveness of the subjective nature.
In the Book of Coming Forth by Day,
many of the Egyptian secrets have
been preserved to this generation.
While this ancient scroll has been
well translated, only a few under-
stand the secret significance of its
magical passages. Oriental races have
a keen realization of the dynamics of
sound. They know that every spoken
word has tremendous power and that
by certain arrangements of words
they can create vortices of force in
the invisible universe about them and
thereby profoundly influence physical
substance. The Sacred Word by which
the world was established, the Lost
Word which Masonry is still seeking,
and the threefold Divine Name sym-
bolized by A.U.M. – the creative tone
of the Hindus – all are indicative of
the veneration accorded the principle
of sound.

The so-called “new discoveries” of
modern science are often only redis-
coveries of secrets well known to the
priests and philosophers of ancient
pagandom. Man’s inhumanity to man
has resulted in the loss of records and
formulae which, had they been pre-
served, would have solved many of
the greatest problems of this civiliza-
tion. With sword and firebrand, races
obliterate the records of their pred-
ecessors, and then inevitably meet
with an untimely fate for need of the
very wisdom they have destroyed.

End

Taken from
An Encyclopedic Outline of ‘Masonic,
Hermetic, Qabalistic and Rosicrucian
Symbolical Philosophy” by Manly P. Hall,
The Philosophical Research Society, Los
Angeles, 11th Edition, 1957

“Everyone finds what
he is designated to find.
When everyone is lucky
to find, you are lucky to
find yours also. Search!”

Taken from: Dr. Aschner, Bernhard:
Paracelsus, Sämtliche Werke, Band IV, p.
114 (Complete works, Volume IV)
Dr. Ekkirala Krishnamacharya (1926 - 1984) was a university lecturer for Vedic and oriental literature, a homeopath and healer, who founded numerous spiritual centres and schools in India and Western Europe. He also established more than 100 homoeopathic dispensaries in India, where until this day the sick are treated for free. Dr. E. Krishnamacharya authored many books in English and in Telugu, covering the Vedas and the Ancient Wisdom as well as yoga, astrology, homeopathy, and spiritual practice. One of his main goals of his work was the spiritual fusion of East and West.

§146
The third point of the business of a true physician relates to the judicious employment of the artificial morbific agents (medicines) that have been proved on healthy individuals to ascertain their pure action in order to effect the homœopathic cure of natural diseases.

Samuel Hahnemann, M.D.

The drug that has the similarity to the totality of symptoms observed in a patient is to be understood as the drug individualized for that patient for curing the disease.

Explanation
There are many numbers of medicines available in the Materia Medica which have similarity with some of the symptoms of the patient. Out of these drugs, the drug that has more similarity is to be decided as a drug individual to that patient.
terior or exterior of man (§ 11-13) but as one produced by an inimical spirit-like (conceptual) agency which, like a kind of infection (note to § 11) disturbs in its instinctive existence of the spirit-like (conceptual) principle of life within the organism torturing it as an evil spirit and compelling it to produce certain ailments and disorders in the regular course of its life. These are known as symptoms (disease). If, now, the influence of this inimical agency that not only caused but strives to continue this disorder, be taken away as is done when the physician administers an artificial potency, capable of altering the life principle in the most similar manner (a homœopathic medicine) which exceeds in energy even in the smallest dose the similar natural disease (§§ 33, 279), then the influence of the original noxious morbid agent on the life principle is lost during the action of this stronger similar artificial disease. Thence the evil no longer exists for the life principle – it is destroyed. If, as has been said, the selected homœopathic remedy is administered properly, then the acute natural disease which is to be overruled if recently developed, will disappear imperceptibly in a few hours.

An older, more chronic disease will yield somewhat later together with all traces of discomfort, by the use of several doses of the same more highly potentized remedy or after careful selection of one or another more similar homœopathic medicine. Health, recovery, follow in imperceptible, often rapid transitions. The life principle is freed again and capable of resuming the life of the organism in health as before and strength returns.

Samuel Hahnemann, M.D.

But this laborious, sometimes very laborious, search for and selection of the homœopathic remedy most suitable in every respect to each morbid state, is an operation which, notwithstanding all the admirable books for facilitating it, still demands the study
of the original sources themselves, and at the same time a great amount of circumspection and serious deliberation, which have their best rewards in the consciousness of having faithfully discharged our duty. How could his laborious, care-demanding task, by which alone the best way of curing diseases is rendered possible, please the gentlemen of the new mongrel sect, who assume the honorable name of homœopathists, and even seem to employ medicines in form and appearance homœopathic, but determined upon by them anyhow (quidquid in buccam venit), and who, when the unsuitable remedy does not immediately give relief, in place of laying the blame on their unpardonable ignorance and laxity in performing the most and important and serious of all human affairs, ascribe it to homœopathy, which they accuse of great imperfection (if the truth be told, its imperfection consists in this, that the most suitable homœopathic remedy for each morbid condition does not spontaneously fly into their mouths like roasted pigeons, without any trouble on their own part). They know, however, from frequent practice, how to make up for the inefficiency of the scarce-ly half homœopathic remedy by the employment of allopathic means, that come much more handy to them, among which one or more dozens of leeches applied to the affected part, or little harmless venesections to the extent of eight ounces, and so forth, play an important part; and should the patient, in spite of all this, recover, they extol their venesections, leeches, etc., alleging that, had it not been for these, the patient would not have been pulled through, and they give us to understand, in no doubtful language, that these operations, derived without much exercise of genius from the pernicious routine of the old school, in reality contributed the best share towards the cure. But if the patient die under the treatment, as not unfrequently happens, they seek to console the friends by saying that "they themselves were witnesses that everything conceivable had been done for the lamented deceased". Who would do this frivolous and pernicious tribe the honour to call them, after the name of the very laborious but salutary art, homœopathic physicians? May the just recompense await them, that, when taken ill, they may be treated in the same manner!

The natural disease in a patient should not be assumed to exist either inside the body or on the skin or localized at a particular place. Patients should be in the opposite direction. That is a deviation in the natural condition of the vital force which is disturbing the natural behavior of the person. That belongs to the constitution of the body. A devilish virtue teases him. When it takes hold of the body, it creates a distortion in the mental and intellectual states and causes suffering. These states of suffering are known as symptoms. It is possible to remove that suffering, only when the Physician is able to create an artificial disease. This artificial disease should be able to create turmoil similar to the natural disease. In whatever small dosage the artificial disease is produced, that should possess a little higher strength than the
original disease. The natural disease should become one with the artificial disease while the drug is at work. If drugs are used in this way, the natural disease gets annihilated. If the disease is chronic, a suitable drug should be used in a higher potency, a number of doses in order to cure the disease. Then restoration of health will be quick and efficient, i.e. the vital force and bodily constitution become strong as usual. Longer time is taken to cure chronic diseases, more so when complicated with drug disease or in the course of

determined by the results of the experiments done, are applied by the Physician on himself, a careful and impartial report is available. It is natural for anyone to have clear knowledge of what he had experienced.

Samuel Hahnemann, M.D.

§149

Diseases of long standing (and especially such as are of a complicated character) require for their cure a proportionately longer time. More especially do the chronic medicinal dyscrasia so often produced by allopathic bungling along with the natural disease left uncured by it, require a much longer time for their recovery; often, indeed, are they incurable, in consequence of the shameful robbery of the patient’s strength and juices (venesections, purgatives, etc.), on account of long continued use of large doses of violently acting remedies given on the basis of empty, false theories for alleged usefulness in cases of disease appearing similar, also in prescribing unsuitable mineral baths, etc., the principal feat performed by allopathy in its so-called methods of treatment. When the drug symptoms as de-

Explanation

In allopathy, drugs are not used according to the proving made on healthy persons. The drugs are used with certain assumptions. Besides baths in water mixed with medicines are also advised. Such abuse of the method works wrongly on the body and aggravates the disease. Cure of such diseases is difficult even in Homoeopathy.

Backjet of a drop of water after impact on a water-surface.

Original in Telugu by Dr. E. Krishnamacharya
Translation by Dr. K.S. Sastry.

Taken from the book:

Organon of the art of healing
Kulapathi Ekkirala Krishnamacharya
“Hercules - The Man and the Symbol” is a teaching given in May 1994 by Dr. K. Parvathi Kumar. The life and accomplishments of Hercules signify the experience of the soul through its journey along the zodiacal path of the twelve sun signs.

Hercules is a grand story, which carries behind the myth a grand universal pattern. It is this pattern that a disciple encounters as he treads on the path. We have similar stories all over the globe. The commonness can be very clearly seen when we get into the occult side of things.

AQUARIUS
The release of Prometheus

Permeating Consciousness
Hercules met king Augeas and proposed to clean the stables. The king said: "It cannot be done. It is too much to do. It has grown to such proportions, that we cannot do anything about it. We have therefore decided to live with it and in it". It is true at the individual, social, and also at the group level and even at the national level. Out of helplessness people reconcile to the undesirable scenario. We know in what explosive situation we live in. The nuclear weapons are all set around the Globe, and some more are in the making. There is a secretive race for further, sophisticated inventions and accumulations. There are secret transfers of technologies. What is talked on platforms is for public consumption. People want peace all over the Globe, but they are surrounded by deadly weapons. They are subservient to the deadly ways of living. It is no man’s task to redeem. That is what the king explained to Hercules: “There is no way to come out of it”. Hercules replied: "I have come to do it for you". The king said: “Why do you boast upon yourself, that you can do it? When collectively we cannot do it, how can you do it singly?” Hercules said: "Leave it to me. I will do it". The king suspected that this man was trying to do some good work in society to gain popularity. Suspicion is very common when we are stuck in emotions, and fear is the next step. The king also got the fear, while thinking that if Hercules cleansed the stables, it will be to the advantage of the king and the kingdom, and at the same time he would not like Hercules to gain supremacy over his kingdom. So he proposed to Her-
cules: “If you do it, I shall give you one tenth of my cattle”. He felt that it was a good bargain to get rid of this man by sacrificing one tenth of what he has. He continued by saying: “but if you don’t do it, your head will be chopped off. Is that agreeable?”, the king asked.

A son of God is willing for any game for the benefit of the community or mankind, because he realizes that he is not the body. The body is a facility to express through. Functioning for the well-being of the community is much more than the pain of the individual body. Their comprehension of the situation is different from the comprehension of those who live within the personalities and individualities. They come according to the understanding given to them by their Teachers. They know that they need to sacrifice themselves in the process. They are self-forgetful in rendering the service. They don’t care about their own requirements, because they are preoccupied about others’ requirements and their well-being. They are willing to sacrifice themselves. It is not just the sacrifice of a little time, a little money, and a little energy. It is the sacrifice of themselves with all that they have around, which is referred to as “the ritual of man-sacrifice”. The man-sacrifice results in total God Consciousness. That is how the transformation takes place, resulting in Permeating Consciousness.

**Triveni**

Hercules picked up the task, and the time given to him was a day! He quickly moved towards a mountain peak, meaning symbolically reaching his own Higher Consciousness within his own being. Then he got the flash (of solution). He saw two rivers flowing through the land. He got the flash that if he could recourse these two rivers towards the stables, the rivers themselves would clean them! He brought the two rivers together and directed them towards the stables. It is also symbolic. In us, also, there are the Ida and the Pingala energies flowing through the body. When the two are brought together, there is the manifestation of Sushumna. That is what is called “the holy union of the three channels”, the holy union of the three rivers which is referred to as “Triveni”. Nicholas Roerich made a painting of a place called Allahabad. Allahabad means, “the abode of Allah”, and before that it was called Prayaga where there is the union of three rivers. One is Ganga, the other is Yamuna, and there is the undercurrent of the two as Saraswathi. Ganga and Yamuna seem to be apparently

![Triveni Devi](image)

**Triveni Devi is the personification of the three sacred rivers: the Ganges, Yamuna and Sarasvati.**
meeting on the surface. There is an invisible flow arising out of the two currents meeting as the third one.

Symbolically it is said that it is the abode of Lord Maitreya. In the Scriptures it is said that the High Initiates used to meet Lord Maitreya at the place where there is the union of the three rivers. The union contemplated is in the Ajna Centre which is the region of Aquarius. When the two energies meet, there is the manifestation of Light. It is like the two arcs, when there is the contact between the two there is the manifestation of Light. It is also referred to as the Aaron’s rod which the High Initiate Moses carried to complete the task given to him. Similar was the situation with Hercules when he brought the two rivers together. We have a similar story in the Indian mythology where the elder brother of Lord Krishna, called Balarama, saw a situation where the land was getting dried up for want of pure waters. Life was drying up to death for want of waters of life. Balarama was said to have recoursed the river Yamuna with the help of his plough. We find the same stories in every theology. The underlying idea is the same. It is bringing together the river flow within our being, representing the Ida and Pingala energies or the left and the right energies. When the left and the right energies are thus brought together, in the story of Hercules it is said that the stables were completely cleaned. In the story of Balarama it is said that the lands became fertile and the people started living, with much health and prosperity. In the story of Moses we find that he lead the people from slavery to liberation with the help of that rod.

**The inspiration of the soul**

As Hercules completed this task, the people of the kingdom rejoiced. Hercules came to the royal court and said

---

*Balarama was said to have recoursed the river Yamuna with the help of his plough.*
that the job was done. He only informed he did not seek any remuneration, but in the mind of the king, there was the miserliness. He said: “You did it through a trick, but not through your labour. I did not see you doing it”. Nor Hercules felt that he did it, he only said that the job was done. He did not say: “I have done the job”. Thus, what Hercules said and what the king said was the same, but the understanding was different.

The king said: “Since you have used a trick, I don’t give you one tenth of the cattle that I promised”. Hercules smiled and returned to his Teacher, as he never sought any remuneration for doing it. He did it because he was taught to do it. His Teacher is the Soul through whom he gets the intuition to do things. In the story of Hercules we see three aspects, before he springs into the labour. In the inner chambers of the Lord there came an impulse which was listened to by the Teacher and conceived as the labour of Hercules. So from Spirit to the Soul, from the Soul to the disciple, there is the passage of the Plan. The work was done according to the inspiration coming from the Soul, hence there was no such thing as seeking a reward.

Working for the welfare of others without seeking reward is common to those who do not have causal bodies. I told you about the conditioning of the causal body where people function with a cause for an effect. Now Hercules had reached a state where he functioned without cause. He did not seek any kind of reward for what was being done. This is what we repeatedly find in the lives of the sons of God.

Periodically, there is the son of man transforming into a son of God. As he transforms into a son of God, he conducts these labours, which result in the well-being of a large community. That is the work of Hercules in the eleventh house. It is a social welfare work at large that helps the realization of ideals.

**Agastya**

In this context, I would like to narrate to you one of the many accomplishments of Master Jupiter, the Master Aquarius, Agastya. Once upon a time this Earth was ruled by an emperor from the Solar Dynasty. He was applauded as an ideal king by the humans and the devas alike. The emperor was a King Initiate. During his rule, there emerged a crisis. Certain dark forces, hiding in the ocean waters, used to disturb the social order of the kingdom during the dark hours of the night. During the day they used to hide deep in the ocean and during the night they used to go to the land and disturb the law and order. The king emperor was found helpless to deal with the situation. He consulted the wisemen, who in turn told the king: “Only the great seer Agastya (Master Jupiter) can handle the crisis and no other on the planet”. The Solar King approached Agastya through deep meditation. Agastya, pleased with the invocation of the king through deep meditation, presented himself before the king, disappearing in the Nilagiris (The Blue Mountains of Southern India) and appearing in the capital city of the king (located in Northern India). The king offered worship to the Master and explained...
the persisting crisis. Agastya smiled and said: “I shall inhale the waters of the ocean into my being. Then the hidden forces become visible to you. You can kill them at once, when I hold the waters within. As soon as you kill the hiding dark forces, I shall once again release the water into the ocean-pit”. The king was pleased. The Master did what he said. The king killed the dark forces and the Master released the waters back!

Now this story is in relation to the labour in Aquarius. Contemplate upon the symbolism. The solar king is none other than you and me the individual Soul. The dark forces in waters are the emotional forces within the vital body. Master Jupiter is the Guru, the Teacher. The key is to work with deep inhalation which is the counterpart of exhalation, resulting in deep respiration. The consequence is that the Solar principle through inhalation reaches deep inside and expels the carbon through exhalation. Air is the medium. Aquarius is an airy sign. We can ponder upon further.

The invisible trick
It is the work that is done for the benefit of the community. It is possible in the third air sign of the zodiac. Aquarius is the spiritual air and the third airy sign, the first airy sign being Gemini and the second being Libra. His functioning is more with the help of the elementals of air than with the help of the gross physical things. That is the trick which is performed. The trick of air seems to be the invisible trick.

We see in mythology that very heavy things are moved in air through sound. Sound is the characteristic of the ether. Through sound we can do miracles in air, which is the science of occultism. That is why once again we land in the aspect of sound when we think of air. The air can be purified through sound.

The entire work of Aquarius is functioning with the waters and with the aid of air and sound. The waters represent the waters of emotion, when they are cleaned, they are the waters of life. The cleaning can happen through air, or through the help of sound. It is a technology which is applied individually in occultism for transformation of the emotional nature into pure nature. But in the Aquarian Age the same thing happens at a macro level, that is, the happening at the group level. Instead of things happening at a micro level, they do happen at a macro level. The sign of Aquarius also is indicative of it. It is the downpour of pure waters of life, symbolically meaning the downpour of “Plenty of Prana”.

(To be continued.)

"Until doctors know how to address the psychic energy, the sickness can not be cured completely."

Dr. K. Parvathi Kumar
ics is called consciousness. It works through the agency of mind, senses and body. Only when it associates with the mind, the senses and the body, it experiences the discomfort of disease, or sickness, or the comfort, the ease and the happiness. It can be explained through a simple example of sleep. In sleep, the soul is, but it is not associated with mind, senses and body through consciousness. The consciousness is withdrawn from the area of mind, senses and body. That is why, in good sleep, there is neither happiness nor unhappiness. There is neither sickness nor health.

From this it is understood, that the soul experiences the pathogenicity only when it associates through mind, senses and body. From this, it is deduced, that sicknesses do not belong to the soul but to the impurity of the psyche that one develops by one's association with the objectivity through mind, senses and body. The soul is like Akasha and the psyche or consciousness is like the sound that generates therefrom. The quality of sound depends upon the quality of the instrument that generates sound. If it is a flute, it generates one kind of sound. If it is a drum, it generates another kind of sound. If it is a string, it generates yet another sound. Sound is like consciousness, soul is like Akasha; mind, senses and body are like the instruments. The difference in the quality of sound is due to the difference in the quality of the instrument, or the body. The sicknesses of every individual are thus traced to its psyche and its resultant mind the consequent reactions to objectivity through senses and body.

Ayurveda essentially recognizes the soul. It speaks of the soul, the consciousness, the mind and the body. For this reason, all its philosophy has its association with the spirit. It dwells to some extent in the areas of spirit. It is not totally a material science.

Soul is the vehicle of spirit and each individual is seen as a soul. The soul exists with or without the mind, senses and the body. When it is associated with the mind, it develops the related consciousness. The soul is, however, detached of all psychological and bodily ailments. The one who realizes the soul can remain unaffected by the diseases that exist in the body. It is like a healthy person existing in an unhygienic dwelling place. It is like a healer among the sick. The soul by itself is essentially spiritual and it relates to the mind, the senses and the body through the consciousness, which is the dynamic aspect of the soul. It is like the man at rest, disassociated with the surrounding activity and ambience. It is like the pure sky. When it associates with the surroundings through mind and body, it tends to be dynamic and this dynam-
Therefore, Ayurveda tries to analyze the psyche and the mind for the sicknesses that are manifested in the body. In relation to the psyche, a threefold division is made, which is called Vata, Pitta and Kapha. In relation to the mind, the impact of the above three is considered. Remedial measures are thought to rectify the imbalances.

Today psychology is trying to throw light on these aspects. Such psychology necessarily needs to be studied in terms of the poise, the dynamics and the inertia of the psyche.
The Bridge of Life

Astrology and Schuesslersalt by Dr. Carey

Birke Klevenhausen

Scorpio Calcium Sulphuricum Nr. 12

The following is a quotation from the chapter “The Bridge of Life” in the book “The Tree of Life” which also gave name to this article.

Scorpio

Calcium Sulphuricum
Synonyms: Gypsum, Calcarea Sulphate, Calc Sulphos
Formula: CaSO₄

This salt can be obtained by precipitation of a solution of chloride of lime with diluted Sulphuric acid (1).

Commentary

Dr. Carey gave little information on the Calcium Sulphuricum remedy. He only assigned it to Scorpio and gave few hints about its production. Schuessler included it in his biochemical remedies but took it out later. In so far, Calcium Sulphuricum has a peculiar place among the Schessler salts.

In fact, this material is gypsum. Strong paleness of the patient’s face is the most prominent feature when making a facial diagnosis.

Contemporary biochemistry does not have to produce it manually anymore.

It is a good remedy for suppurations, abscesses and inflammations. In addition it is good for extensive detoxification of body and psyche (2) as well as for the stimulation of metabolism.

As an inflammation remedy, it expectorates the cell and furthers excretion. (3) As a remedy for detoxification it serves the detoxification of the cells as it is capable of exporting toxins. (4)

Calcium Sulphuricum is also used in cases of insulation and encapsulation of body and psyche. Let us understand how insulation and encapsulation develop. Often the cause of the latter is a shock – either an emotional or physical one. As a result of the shock, stiffness and numbing occur. These symptoms refer to this remedy. We know the expression "to be paralysed by fear". Any form of shock or trauma triggers stiffening, solidification, and speaking in psychological terms, a displacement of facts. Gypsum too becomes stiff, white and solid, which can be seen as an analogy to the inner processes of a traumatized human being. He paralyses innerly and solidifies, which causes blockades to the energy transmission. Here it makes no difference at what time in life the

Dr. George W. Carey, Los Angeles CA wrote in 1917 the books "The Tree of Life" and in 1918 "The Wonder of the Human Body – Physical Regeneration According the Laws of Chemistry and Physiology".

Dr. Carey connects his comprehensive spiritual knowledge with Astrology and the 12 different tissue salts by Dr. Schuessler. His books are almost one hundred years old but they are still relevant even in modern times.

Dr. W. H. Schuessler noted 12 different tissue salts in all healthy human cells. Dr. Carey now links chemistry with astrology. Each sign of the Zodiac is corresponding with one of the cell salts.
shock or trauma had happened, recently or many years ago. Also, it does not matter whether the shock was psychic or physical. This remedy is important for the treatment of any kind of shock (5).

Blockades, physical or energetic, draw energy away from the system and alter a balanced milieu, which will consequently produce more acids. So, it is obvious that Calcium Sulphuricum is also a means to treat anxieties, since fright, shock, and trauma is different forms of anxiety. Basically, two kinds of anxieties develop. There are humans who isolate themselves because they are too much worried about themselves and so, search for safety and security. But, it is also possible that fear about others arises, leading to a state of too much openness towards others. These two kinds of reactions of shock and trauma may be helped by this remedy.

Dr. Carey has assigned Calcium Sulphuricum to Scorpio. Scorpio is especially known for its “toxicity” and emotionalism. In esoteric astrology, Scorpio overcomes his emotionalism. Scorpio’s learning assignment is symbolised by the battle of Hercules and Hydra (6&7). This episode presents how Hercules approaches the toxic and unbearably fetid swamps where the Hydra hides itself, living in isolation. It takes Hercules much effort to go to the swamps, which we may consider metaphorically as the process of realising oneself that brings us to isolated and maybe smelly areas in ourselves.

The Hydra symbolizes the dark characteristics everyone has in himself. Often anxiety is the cause of all evil. Someone with much anxiety is in search of security and may tread wrong paths as he tries to find security in the form of money, power or sex. If we try to discover the monster in our own emotional depths, we will have to face the poisonous swamps in the process of self-realisation. Ultimately, Hercules finds the Hydra in a cave living isolated and hidden there, and starts to fight. However, for each head he cuts off from the Hydra, two more appear.

A direct fight with our own dark nature actually leads many a times to the opposite by strengthening what shall be defeated. This is not just in mythology. Many people experience that each time they want to change a bad habit, nearly the opposite happens. A diet fails and so do the good intentions for the New Year. Or someone wants to change his life. The more you fight, the less success you have. Hercules uses a completely different method to defeat the Hydra.

Heracles & the Hydra, Paestan black-figure hydra C6th B.C., J. Paul Getty Museum, Malibu
He throws away his sword and lifts the Hydra out of the swamp where it loses its power. While swamp represents the nether shadows of personality, the air stands for the clarity of thought power.

The task to be accomplished here belongs to the work with the shadows, the unknown and unrecognized parts of the personality, which have to be handed over to the Higher instead of fighting directly. Then, success will be achieved. Fight is not demanded, but humility. And so, before Hercules starts that work, he is told: "We rise by kneeling down."(8) This turning to the Higher, either through prayer, an inner attitude of humility or something else, is the decisive step.

And so, the esoteric keyword for Scorpio is

"Warrior I am and out of the fight I go victorious."

List of literature
1 Dr. George W. Carey: "The Tree of Life", 1918, Los Angeles, CA, pp. 35-37
3 HYPERLINK "http://www.bernerportal.de/" www.bernerportal.de
6, 8, 9, Alice A. Bailey: The Labors of Hercules, 1974 Lucis Trust, Geneva, New York, pp. 155 165, 237

Contact
Birke Klevenhausen
Clara-Schrunder-Str. 29
48268 Greven, Germany
Phone: +49-2571-56 99 555
Birke.Klevenhausen@yahoo.de

Birke Klevenhausen holds a Master Degree in education sciences. She is also an astrologer and a naturopath. Representing a holistic psychology she tries to understand and to treat the whole human being.
Contrary to popular opinion that human development is taking place at a consistent rate, it is a sad fact that history proceeds in leaps and bounds. Knowledge cannot only be achieved, it can also be lost, and not just once. In theory this is well-known. For example, England got paved roads and stone houses during the times of the Romans. But after the destruction of the empire there were muddy streets and thatched huts for more than 1000 years. It is unpleasant and nearly unbelievable, but this pattern holds true in medicine as well. The same pattern may occur even though no one wants to admit it.

A particularly obvious example is the doctrine of signatures. Paracelsus explained that it had disappeared into oblivion before his era and that he had to bring it back into use. Five hundred years after his death the same situation appears once more. The doctrine of signatures has been forgotten for a second time and with it the knowledge about the use and the effect of many medicinal plants.

After the general introduction, Paracelsus explained why he used water pepper (*Polygonum Hydropiper*) as an example. The leaves have stains like blood drops. According to Paracelsus, this is a sign of the influence of the stars and explains the virtue of the herb. To be more clearly expressed for modern times, this means that it is a Mars herb responsible for all kinds of Marsian diseases, as we will see in the following.

Paracelsus named three kinds of signs in this example, the previously cited virtue, which makes the range of application clear, then form and shape. In *Polygonum Hydropiper* you will find...
It becomes most interesting when we look at the different modes of application named by Paracelsus. *Polygonum Hydropiper* may be used as a whole plant in phytotherapy. In this case its effect is pain-relieving, especially in corrosive wounds caused by astringent liquids such as acids, or in the case of corrosive pain such as tooth pain or some severe injuries. In those cases, the moistened green herbs will be applied directly on the painful area.

The dried herb may be prepared as a remedy in various ways. You can prepare it as a simple tea, an extract in oil, distill it, or calcinate it. Those methods intensify the healing forces. Paracelsus ensures that the product prepared in a spagyric way can heal all kinds of wounds, from fistulas to cancerous ulcers, and at the same time it provides relief from pain. However, both the distilled and calcinated powder may be applied only externally as the active agents (mainly persicarin) are very “sharp (hot?)”. Today we would call this “poisonous” straight away. This is the reason why this well-known herb in the past has passed out of mind and out of popular attention. Due to the strong side effects in the cases of inappropriate use, this herb was regretfully unable to find a common place in neither modern natural medicine nor homeopathy. At least in the homeopathic remedies of the DHU (*Deutsche Homöopathie Union, a German manufacturer of homeopathy*) *Polygonum Hydropiper* can not be found.

In the “*Große Buch der Heilpflanzen von Gräfe und Unzer 1985*” (the “*Big Book of Healing Plants by Graefe

...
and Unzer 1985) we can find many methods of application reminding us of Paracelsus, even though the authors no longer know the relation between signature and planets. The tea is described in a special way. The tea is said to be pain relieving in many kinds of diseases, not only in kidney and bladder complaints, but also in slow healing eczema, and also as the most effective known remedy for dysmenorrhoea and menstrual flooding. At least, this is the description we can find in “Wikipedia”. Therein *Polygonum Hydropiper* is also classified as a remedy for bleeding, frequent urination, kidney and bladder diseases and even intestinal cramps and haemorrhage. The moistened herb is applied as a compress on dislocations, bruises, rheumatism and gout whereby the authors of the big book of healing plants strongly warn about this treatment due to the corrosive effect of persicarin.

Of course Paracelsus was not interested in cauterizing his patients. So, he provided his favourite application which can only be found in the chapter “magic medicine”. In particular, this following kind of magic process is what he considered to be the most effective application of all: ‘Pull the fresh harvested herb through water, shortly brush the painful part or wound with it and afterwards bury the herb in the earth. The pain will be cured at the tempo by which the plant decomposes.’ Paracelsus called this “magnetic” healing, as in when brushing or applying the herb, he pulls the power of the relating planet to the wound, just like a magnet attracting iron.

Obviously such a treatment already received lots of harsh criticism during Paracelus’ time, or else it was immediately spoken of as a “superstition” similar to the way that nowadays every tabloid speaks of the “placebo effect” in homeopathy. Amazingly Paracelsus rebutted the sceptics with an argument which makes sense even today and which unfortunately is not mentioned in the so-called “critical” articles against natural medicine. He recommended the magnetic therapy with *Polygonum Hydropiper* especial-
ly on injured animals, and in particular, on horses. Wounds inflicted from fighting with other horses, injuries from falls, or ulcers may be treated in the same way, i.e. just by brushing with the moistened herb. In lame horses he recommended to place the herb under the saddle and then ride the horse for recovery. It is well-known that horses respond very well to phytotherapy and homeopathy. Maybe the critics will realize one day that animals can scarcely be healed because of a placebo effect.

There is still one aspect to be considered in the alchemical recipes of Paracelsus. Nearly all mentioned therapies are in direct correlation with the macro cosmos, meaning the influence of the planets of our solar system. Remember that the planet Mars refers to wounds, and blood, as well as biting and vitriolic pains. Therefore the Mars herb has to be picked when Mars is in the sky. In this way, a good healing result can only be achieved when taking astronomy into consideration.

Certainly Paracelsus’ favourite herbs and their application are a treasure that is still waiting to be lifted. However, as many inconspicuous herbs such as *Polygonum Hydropiper* are indeed easy to be found and are available in sufficient quantities, the scientific modern spirit is really free to discover its true significance.

Contact
Michaela Dane, PHD
C/ Dr. Brotons 28, Ground floor C&D
03560 El Campello, Alicante, Spain
www.michaela-dane.com
www.institutoalmac.com
Ritalin & Co

**Big Pharma Propagates Ritalin as "Wonder Weapon"**

Dr. Ravi Roy

Dr. Ravi Roy was born in India on 28th April 1950. Under the attendance of his famous father and homeopathic doctor Dr. S.K. Roy he started to practice homeopathy in the villages of India at the age of 17. In 1976 he came to Germany to study the scriptures of Hahnemann in the original language. Since 1980 he has been offering comprehensive trainings in homeopathy. Together with his wife Carola Lage-Roy, who works as alternative practitioner and homeopath herself, he has been writing 30 books on homeopathy.

In 2003 he founded “Surya”, the society for the spread of homeopathy (Gesellschaft zur Verbreitung der Homöopathie e.V.) and since then he has been publishing the magazine Surya. In 2005 he founded a homeopathic centre for training, research and treatment in India, the Asthanga Homeopathic Project.

New terms and words are constantly being liked by the people. Science progresses and everything seems to be defined better and more profound. The founder of these terms leads us to believe that we have developed since the time of our alleged ancestors, the apes, and thus have become more human. Sri Vivekananda, a spiritual teacher and philosopher from India, wrote at the end of the 19th century, that human beings – in reference to the ancient wise ones and scripts of India – did not develop further, yet backwards.

In the middle of the eighties two new terms came into existence: ADD (Attention Deficit Disorder) and ADHD (Attention Deficit Hyperactivity Disorder). During the following fifteen years these terms captured the consciousness of all families, schools and the whole medical world. The “great progress” of science made it possible to put children with difficulties in concentration into a category. Yet, if you have a closer look, you will notice that difficulties in concentration have always already existed. Due to the number of various vaccinations, this disease worsened radically and has become an increasing problem. However, what is the difference to former times? It is only in the frequency and the worsening degree of severity caused by damage from vaccinations.

**The beginning of Ritalin-Mania**

These are the facts: In 1985 the company CIBA intended to launch their product Methylphenidat, better known by the name Ritalin, onto the market. In wise advance planning, in 1987 the non-profit society “CHADD” was founded by parents who felt left alone and frustrated with their children suffering from ADD/ADHD. There was almost nobody who supported them. CHADD was the abbreviation for Children and Adults with Attention Deficit Disorder (Attention/Deficit/Hyperactivity Disorder). The background of this process is as follows: When a product is to be launched successfully onto the market, a renowned institution is needed, which supports the product. Either the former is founded or an already existing one is infiltrated. It should be founded by credible people, who in most cases are unsuspecting of the true motives of the pharma company. The company has got a name, a lot of money and seems to be an authority in this field. The company works purposefully, and nothing is left to chance. In this way, CHADD exists, grows and is spread over the borders of surrounding cities and villages, and the state. Now the organisation of parents must be achieved for the purposes of CIBA. The strategy is not to be too direct. The media is brought onto the
Credible stories, which contain “small” untruths, are brought into the public eye by friendly journalists, TV moderators, etc. The goal is to create sympathy for CHADD and a fear of ADD/ADHD.

The example of the orthography reform makes it obvious that people are taken for fools just for the goals of a few individuals. Who was the one that profited by the orthography reform? It was established and suddenly nobody could do anything against it anymore, although there were well-known critics, who had fought against it. They did not have any lobbying power among those who decided.

When the people are under the influence of only one authority next time everything becomes more serious – like during the conspiracy of a pandemic. It only becomes more and more serious, especially because the issue is our health! You do not believe in a conspiracy? Then you should consider the Codex alimentarius. It had been created over forty years, practically completely closed to the public and the media. Should it happen that this codex would be established, all freedom in reference to our health is gone. You would not be allowed to even eat what you prefer to! (See also Surya 14) You may also think of the book “In the Name of God?” by David A. Yallop. Of course there are also conspiracies that are just fantasies. One should be able to distinguish between conspiracy and fantasy by common sense and information. But well-planned marketing is always much worse because people cannot get out of it once they are caught in the system. Sometimes they lose many freedoms for a long period of time. Yet, let us have a closer look at the Ritalin story.

**Entanglements are revealed**

In 1996 PBS broadcasted the program “The Merrow Report” in America and a film “Attention Deficit Disorder; A Dubious Diagnosis?”. In this film John Merrow reports about the secret financial relationship between the company CIBA, the producer of Ritalin, and the greatest CHADD society in the country, which had existed over many years. CHADD, whose head office is in Florida, made presentations everywhere, often directly to schools. They have informed thousands of families about ADD/ADHD and have given medical advice at no charge. They advise to take the remedy Ritalin!

Within these eight years since 1988 the company CIBA-Geigy, which today has the name Novartis (how clever in order to keep the connection unknown) has spent almost one million dollars for CHADD. Thus the society could increase their members from 800 to 35,000. With this money CHADD broadcasted the message about Ritalin on TV. 19 million people saw this program. So naturally, whom are they going to consult in case they need help?

Parents who had been interviewed by Merrow were beside themselves when they heard that their trustworthy society CHADD was within the hands of CIBA-Geigy. CIBA is mentioned not even once within all the literature that has been published by CHADD. Only one time the name was accidentally mentioned during a presentation.
Many parents work voluntarily for CHADD because they think they do good actions and support an ethical society. CHADD conferred a distinction on the director of the Special Educational Training of the American Ministry of Education, Dr. Thomas Hehir, for his outstanding services. What for? During the awarding of this distinction, a video was presented with the title “Facing the Challenge of ADD”. The production of this video was supported with a $750,000 fellowship by the Ministry of Education. The medication is not mentioned by its chemical term, Methylphenidat, yet by its brand name Ritalin. So much tax money has been utilized in order to support Ritalin.

The conversation between the interviewer Merrow and Dr. Hehir in the video was as follows:

**MERROW:** “Is it known to you, that most of the people in the video, who testify for the good effect of Ritalin on their children with ADD, have got the highest positions in the society CHADD, including the former National president? In the video the positions of these people are not mentioned. Did you know this?”

**HEHIR:** “I am not aware of that.”

**MERROW:** “Do you know about the financial connection between CHADD and CIBA-Geigy?”

**HEHIR:** “No, I do not know about this.”

**MERROW:** “During the last six years CHADD has received $818,000 in donations from CIBA-Geigy.”

**HEHIR:** “This was not known to me either.”

**MERROW:** “Would you call this a potential conflict of interest?”

**HEHIR:** “Certainly, this looks like a potential conflict of interest.”

**MERROW:** “Although the video deals with the effect of the treatment of Attention Deficit Syndrome, this was not mentioned. All these facts were not mentioned. Does this concern you?”

**HEHIR:** “Yes, I am concerned.”

**MERROW:** “Are you going to do something in this case when you are back in your office?”

**HEHIR:** “I am certainly going to check some facts this case.”

**MERROW:** “Shouldn’t the people responsible for this have told you that they hold leading positions at CHADD? Would it not have been right to inform you that CHADD receives 20% of its funds from the company that produces Ritalin?”

**HEHIR:** “I should have known this.”

**MERROW:** “They should have told you that.”

**HEHIR:** “Yes.”

Merrow also reported that press releases from CHADD strongly recommend a medicinal “therapy” against ADD/ADHD, and further assert that psycho-stimulating medications, like Ritalin, are not addictive.

Merrow confronts Gene Haslip, an official of the Office for the Admission of Medications in Washington, with these facts. Haslip gets upset.

“I would say that this is indeed deceptive. It (Ritalin) is surely a medicine, which can cause addiction of a high level, like all strongly stimulating medications.”
Always have a critical view on matters
Whom can you still trust? Everyone promises something different. We should be on the alert if health, beauty, fame, power or anything else is promised, for which we do not have to give anything back (we certainly give something material, in most cases money). To attain health we have to work on ourselves and acquire the willingness to release that which makes us ill (as it can be found in the book “Aufbruch ins Bewusstsein” by Ravi Roy, published by Lage & Roy Verlag). By the grace of God, homeopathy if applied correctly plays a crucial part in taking away that which makes us ill.

Contact
Ravi Roy
Burgstraße 8
82418 Murnau-Hagen
Germany
www.ravi-roy.de
verlag@lage-roy.de

“To confront a human with its own shadow is also to show him its light.  
... He knows that dark and light make up the world.  
... Who perceives his shadow and his light at the same time, sees himself from two sides, and therefore can center himself.”

C.G. Jung
The creation of new terms is no solution for the problems of humans, in this case of the children. ADD/ADHD and similar problems were always there but not to this alarming extent. Usually children who have an intellectual talent suffer more than others from the existing social and scholastic structures. These do not serve the needs of the children concerned in the least. Their highly active nervous energies are nearly not drawn upon and not drawn at all respectively under these circumstances and that makes them discontent and restless. In addition to this, the therapies of the conventional medicine and its medication as well as the way of living, and our eating habits are not exactly favorable for the proper development in such children let alone for people in general.

It is an absolute exception that a child can teach itself under most difficult conditions that which it so much desires. Nevertheless this would be to the detriment of the child. Most children need a positive environment to be able to direct their energies in that direction where they can be content. Many factors which have been present since the end of the Second World War contribute to the effect that especially these children are very disturbingly influenced and affected:

- Nerve irritating and nerve damaging medication respectively
- Vaccinations
- Nutrition: Cultivation, preparation, food additives, artificial food
- Freedom from restrictions furthers a destructive way of living.
- Disturbances in your area of living (noise, electric smog, too much stimulation by media etc.)

We have to regard all these factors seriously in order to find a holistic and healing solution for the ADD/ADHD concerned children.

**Nerve irritating and nerve damaging medication**

Actually we should talk about the way of living first because it is a reason for the consumption of medication, as well as the unnatural food. By getting away from their nature (people's true inner nature), people make it possible to degenerate the food. After the end of the Second World War the destructive energy grew explosively in all areas of life, just as if people would have to live the destructive aspect of their nature, even against themselves, though being tired of wars (it only appeared to be that way because there are about 50 smaller or bigger wars on earth annually). Each year 50.000 new medications come to the market, each of them highly toxic! The horrifying results over three (now four) gen-

---

**Dr. Ravi Roy**

Dr. Ravi Roy was born in India on 28th April 1950. Under the attendance of his famous father and homeopathic doctor Dr. S.K. Roy he started to practice homeopathy in the villages of India at the age of 17. In 1976 he came to Germany to study the scriptures of Hahnemann in the original language. Since 1980 he has been offering comprehensive trainings in homeopathy. Together with his wife Carola Lage-Roy, who works as alternative practitioner and homeopath herself, he has been writing 30 books on homeopathy.

In 2003 he founded “Surya”, the society for the spread of homeopathy (Gesellschaft zur Verbreitung der Homöopathie e.V.) and since then he has been publishing the magazine Surya. In 2005 he founded a homeopathic centre for training, research and treatment in India, the Asthanga Homeopathic Project.

---

**Homoeopathic Treatment of Ritalin-Children:**

Hyperactivity, Aggression, Concentration Problems
erations: the nerves of many people were extremely damaged, thus making them very unstable.

**Vaccinations**
The number of vaccinations (all are extremely damaging to the nerves) has steadily increased during the last decade. It is not only the mercury that destroys the nerves but also the animal parts in the vaccines which have a damaging effect on the organism and especially on its immune system.

**Food – Cultivation, Preparation, Artificial Food & Food Additives**
The Green Revolution is equal to the destruction through poisons via medication. Instead of helping the environment to recover, deadly poisons are used. Artificial fertilizers pull out all beneficial nutrients of the soil and leave it depleted. A balanced, healthy soil does not produce any “bugs” which would be harmful for cultivation. All these chemicals aggravate the nerves to a high degree. But this even continues: Children as well as grownups are more and more prone to fast foods which are produced in such a sterile way that the nutritional value is still present, but the body cannot metabolize this kind of food to the largest extent. Artificially produced food still represents much bigger problems for the body. The body as a living being does not function like a chemical laboratory even though the producers of such food want us to believe this. The additives have a totally different function. They make people dependent on this kind of nutrition. On top of this they have an extremely destructive effect on the nerves. For example, the artificial sweetener Aspartame is so broadly used in food that even health-conscious persons can hardly avoid it other than giving up everything. This does not work at all in normal everyday life, especially when being on the road. (More about this in Surya 16)

**Freedom from Restrictions Furthers a Destructive Way of Living**
Restrictions whether social, religious or political, burden people. As soon as he frees himself from these restrictions, at the next opportunity the person is inclined to a large extent to make up for everything which he could not allow himself or which was not allowed for him. Further he tries to continue in this way. In other words: He loses himself in the transit with an inclination for materialism. Higher values giving life true sense gradually get lost. There is nothing to say against material possessions if higher everlasting values take the first place. The following generation
can only follow the set examples of living, thus being even more inclined to lose itself. Thus, children are more and more without direction and because they lack the strength of a calm mental state they feel totally lost. This contributes to more frustration and most of all mental restlessness. There are enough observations about the effects of civilization on indigenous people who live in untouched nature. Within a short period of time more or less everyone developed civilization sicknesses. Naturally it is up to the person himself if he experiences a failure or whether he develops himself in a positive way.

Disturbances in the Living Space
Through the progression of technology the living space has become more and more disturbing. If we do not pay attention to minimize these (mostly electronic) disturbances they have a very disease causing and depressing effect.

General thoughts to this subject
If parents of a Ritalin-child have not thought about the above mentioned aspects it will not be easy to convince them that they have to change their thinking and need to act. Here we can be sure that homeopathy and the Chakra Flower Essences can affect the main causes on the inside of the person to create a quiet and relaxed space. A child who mainly had pizza and noodles with prefabricated sauces (high concentration of glutamate mainly in tomato sauce and of course chemical additives) cannot easily be away. There is an addiction to these foods because everything else does not taste right. Glutamates and other flavor enhancers decrease the natural sense of taste.

Therefore we have to consider weighing all aspects in order to find out how to correct this situation. Mainly we have to chose from the above mentioned aspects nutrition, way of living and living space. When medication cannot be stopped immediately we use the tautopathic method in the beginning. (This is described extensively in the book “Reactions” of Ravi Roy.) There are many possibilities to have a positive influence on the way of living and the living spaces. It is not the subject of this article to describe everything. Body Yoga (Hatha-Yoga in Sanskrit) and breathing exercises can contribute a lot to achieve a more quiet spirit if done correctly. Nowadays everywhere people leave off the first word thus making Yoga a synonym for body exercises. This serves the original sense of Yoga very little. Yoga in its true sense means to be directed towards higher spheres and to be guided. Hatha-Yoga if practiced in this way has a high healing effect. Naturally one needs practice in order to remain in a position (Asana) and despite of this remain focused on higher spheres. The cleansing, simple, breathing exercises free the nerves from the burdening energies.

If in addition we apply the homeopathic remedies and the Chakra flower essences we can achieve much which for many seems to be unthinkable. The below mentioned descriptions are focal points. With this you might be able to recognize the direction a child is taking. The homeopathic treatment however consists of different remedies regarding miasmas, vaccinations and medications, the way of living and nutrition and many other influences. You can try yourself to find the proper remedy if you read the book “Reactions” of Ravi Roy. Normally this is the task of a trained homoeopath.

The essential symptoms of some homeopathic remedies

Lycopodium
Lycopodium does not want to do anything for school. He is convinced that his basic knowledge is so well anchored in himself that he can allow himself to take many freedoms. Further he believes that he can make up for the lack of knowledge or task which he has to do immediately. He procrastinates till it does not work anymore. If he makes an effort now then he can make. Otherwise he has to repeat the class. His active brain gets extremely restless and only finds...
balance in sports and even more sports. He can become extremely irritated especially if demands are made on him.

**Calcium carbonicum**

Basically Calcium is a good pupil but at one point it becomes too strenuous. Now he cannot focus his brain anymore. If the lesson is entertaining, he can go along with it in a relaxed way. If the learning material is strenuous his brain shuts down. If the teacher is a Nux-type who does everything quickly then Calcium doesn’t understand anything anymore. Sports are no balance because it additionally stressed his body. At home he does not want any stress at first. To lie down calmly and read an entertaining book is relaxation for him. Homework is done later. By eating sweets the homework could be done before the dinner. But this is not always possible because Calcium works slowly. It is not a good idea to start the homework after dinner because Calcium gets so tired that he only can go to bed.

**Tuberculinum bovinum**

Tub. is a restless spirit but can usually participate in school, simply for the sake of peace. But if the teacher does not appeal to him he refuses everything and does his own thing. He does his homework in such a way as he wants them and not as it is asked of him. An agreement is not possible due to too hardened fronts. A change of school or teacher is the only possibility. Phases of intense aggressions appear, especially when Tub. totally despair of the entire situation.

**Medorrhinum**

If Medorrhinum gets problems then they are so big that they can hardly be solved. The person doesn’t know what the matter is. She only knows that he cannot do it. But if she has to do the tasks anyway she gets extremely fearful. The nice, vivid and friendly girl who had so much potential cannot be reached anymore. Furthermore – what is the use of school? It is not fun. It spoils fun. It does not allow the enjoyment of the beautiful life. She is really happy when she can go on a trip in her holidays and enjoy life.

**Syphilinum**

Syphilinum does not participate right away. The teachers do not show any understanding. So the pupil withdraws. Also at home he is not cooperative because the parents do not understand him and try everything to make him participate. He is totally stubborn and if the parents demand too much he becomes very furious. In this condition he does not abstain from using bad curse words. He does not feel sorry for it. Nonetheless he suffers a lot but he does not show it. The nutrition has to be changed in many cases. Either in the beginning of the treatment, or if the indicated remedy does not achieve the desired effect.
The following harmful substances one should not consume anymore:

Aspartame
The toxication through this nerve toxin is mainly found in elder school children, especially girls because they are so fixated on their figure. Due to this they take products with Aspartame in order to save calories. Therefore their concentration is steadily reduced; they get headaches and sometimes suffer from extreme nervous restlessness.

Glutamate (MSG)
The active ingredient of Glutamate produces a feeling of indifference. The pupil is present in the classroom but he does not want to do anything. He only registers something but does not know what really was done. After a while it becomes too boring and he gets more and more restless. In other cases the attention can be extremely impaired by an extreme feeling of illness which often comes from the stomach.

Saccharum album
Mostly indicated with children who eat a lot of sweets but it can occur in everyone. An extreme irritation and restlessness makes it impossible for the child to concentrate. If he eats something sweet then the brain will function for a short period of time. They often complain about not being well but nothing can be found. School is always a burden, especially homework. If they sit down to do their homework they immediately become extremely restless. Only promises that they get something sweet let them become calmer and do something. In the extreme case they have to get the promised sweet right away.

Be hopeful for yourself and others. It is possible to eliminate this condition and to create a healing atmosphere.

Contact
Ravi Roy, Burgstraße 8
82418 Murnau-Hagen, Germany
www.ravi-roy.de
verlag@lage-roy.de
An Introduction to Aromatherapy

Dietmar Krämer

The use of aromatic plant substances for healing purposes is an ancient practice. The burning of incense with dried plants, grasses, resins, fruits and barks was carried out in almost all ancient cultures for cleansing, as a sacrifice for the gods and also for the treatment of diseases. Fragrant salves of crushed blossoms served for cosmetic purposes and for the relief of various complaints. In parts, essences were already produced by means of special distillation methods; they were gained from resins, blossoms and healing plants and served amongst others for the manufacture of perfume oils. Persuaded to the previous view, distillation became known only around 1000 AC due to the Persian physician and alchemist, Ibn Siena, also known under the name of Avicenna. Meanwhile, however, a distillation device of clay which had served for the production of aromatic herbal distillations was found in a 5,000 year old grave. The distillation of terpentine, cedars and cinnamon was already known in ancient Egypt. From the 14th century BC onwards, essential oil was also extracted from blossoms in fatty oils.

Egyptian priests produced amongst others fumigating candles, salves, plasters, suppositories and powders. They also used essential oils for the embalming of the dead. The burning of incense and the use of fragrant plant essences for healing purposes are also known from the ancient Hebrews, Sumerians, Assyrians and Chinese. In ancient Indian Ayurveda, medicinal applications with essential oils – mainly sandalwood oil – were already mentioned, mainly in the form of massages. In the ancient world, the use of aromatic substances by Arabs, Greeks and Romans experienced a tremendous boom. Beside almost extravagant application in the form of perfumes, scented body oils and various cosmetics, essential oils were already used in a targeted manner in medicine. A whole series of treatises from this era exists, in which specific healing effects were allocated to different aromatic substances (amongst others in works of Dioscurides) which were of universal validity in Western medicine for almost 1,000 years. Even Hippocrates explicitly pointed out the medicinal value of incense burning and herbal steams in his scriptures. The Persian physician Avicenna (980-1037) further developed the then known distillation method for plant essences and thus enabled the production of pure essential oil. Distillation itself was not only invented by him alone but developed within a period of around 100 years. Avicenna wrote in detail about the healing effects of various essential oils and was the author of around 100 books, among them the “Canon of Medi-
cine and the “Smaller Didactic Poem of Medicine”. Both remained for more than 500 years the leading works of medicine.

One of those who helped the application of fragrant plant substances for healing purposes to become very popular was the English physician and astrologist, Nicholas Culpeper (1614-1654). With his publications on the healing and stimulating properties of herbs and plant essences he influenced many alchemists, healers and physicians of Europe.

In the beginning of this century, the French chemist, René-Maurice Gattefosse started to experiment with perfumes and cosmetics. In doing so, he intensively concentrated on plant essences and called his findings of the healing effects “Aromatherapy”. With this name which he used as the title for a book in 1936, he gave the treatment with fragrant plant substances its nowadays customary term.

Inspired by Gattefosse’s publications, the military surgeon, Jean Valnet, cured war injuries with essential oils during World War II. After the end of the war he started to treat the patients of his medicinal practice with essential oils and herbs only. His healing successes proved him right. After the publication of his book, „Aromatherapie: Traitement des Maladies par les Essences des Plantes“, which brought him worldwide renown, he started to train his colleagues in aromatherapy.

Meanwhile, France and the small town of Grasse in the south of France, in which Gattefosse lived, have developed into a kind of world trade centre for essential oils.

**Manufacturing Method**

Essential oils are liquid components of fragrant plants, which – although classed as oils – have, however, a completely different consistency from ordinary plant oils like e.g., sunflower or almond oil. They are extremely volatile and – as opposed to other oils – leave no greasy stains on blotting paper as a rule. They do not mix successfully with water but dissolve splendidly in fatty oil or high-proof alcohol.

They occur as tiny oil drops within the plants, situated in or also on the plant tissue. Frequently they are embedded in a certain part of the plant in special concentrations. Some plants produce different oils in different parts. For example, three essences can be pro-
An Introduction to Aromatherapy

Produced from the orange tree: orange peel oil, orange leaf oil (petitgrain), and orange blossom oil (neroli).

For the gaining of essential oils, different methods are applied depending on the solubility and the part of the plant to be processed.

Distillation by Means of Water Steam

The most customary production method is the distillation by means of water steam. Here, macerated plant material is placed on a grid in a distillation flask. Now, water steam is introduced from below which extracts the essential oil and takes it along. In the adjacent condenser, a tapering water-cooled pipe, the essence-containing steam is caught and introduced into a receptacle which contains water. The essential oil gained is as a rule lighter than water and floats on its surface. It only has to be skimmed off or separated in a Venetian flask.

In order to obtain a favourable quality, the distillation process should be carried out slowly so that also the aromatic component parts of the plants which only evaporates with difficulty can be transferred into the essence. High pressure and excess heat can destroy individual ingredients and can thus lead to a clear reduction in quality. The process, however, leads to a higher yield which producers of cheap goods make advantage of.

Enfleurage

Enfleurage is a method for gaining very fine blossom oils which are difficult to isolate, and which can not be produced by water steam distillation. Here, the sensitive, freshly gathered blossoms are individually placed beside each other on butter or lard which was applied to a glass plate. On this, a second glass plate, covered with fat on both sides, is placed. On this, once more blossoms are laid out and covered with the next plate. All in all, five to ten of such layers are placed on top of each other. The blossoms are partly changed daily, in which case this process often extends over several weeks until the fat is saturated with the essential oil of the blossoms. By means of alcohol, this is now extracted from the fat. After that, the alcohol is again removed by evaporation.

This procedure is extremely elaborate and is today only employed in the case of very valuable blossoms like jasmine – or partly also rose blossoms. The essences manufactured this way are respectively expensive.

Extraction by Means of Chemical Solvents

The extraction by means of chemical solvents which has meanwhile substituted the enfleurage to a large extent is considerably easier and more cost-effective. Solvents are added to the plant components and are warmed. Once the essential oil is completely solved, the solvent is distilled while in a vacuum. As in the case of the enfleurage, one obtains in the first instance an ointment-like mass called Concrete. By separation of the plant waxes by means of alcohol, one finally obtains the Absolue.

This method is not totally without its problems as partly the solvents used are highly toxic substances like Hexan, petroleum ether or the hydrogen.
chloride carbon tetrachloride which can unfortunately not be completely removed. Oil produced this way may by no means be used internally as even small traces of residual solvents can cause allergies and can weaken the immune system. However, not all Absolues are manufactured by means of such toxic substances. Quite often, alcohol can also be used as a solvent. Absolues are frequently viscous substances which only drop slowly from the bottle. They become slightly less viscous by careful heating in a water-bath. If necessary, they have to be removed with the aid of a small spatula or stick (e.g., a wooden match).

Cold Extraction
Essential oils from fruit peels like e.g., organge, mandarin, lemon and grapefruit oils are gained by means of cold extraction. For this method, not heat may be applied as this would destroy important components of the essence. Unfortunately, possibly existing spraying agent residues get into the essence during the pressing. For this reason it is advisable for citrus oils to use only products of controlled biological cultivation.

All commercially available essences are delivered in dark bottles due to their sensitivity to light. Extreme temperatures are also harmful for them, in which case citrus oils react most sensitively. For longer storage they should be kept in a refrigerator.

Application Possibilities
Essential oils offer extremely many application possibilities. It must, however, be observed that there are certain oils whose use does not exclude occasional side effects and where for a number of oils restrictions exist in certain situations (e.g., pregnancy) which must by all means be considered. For the treatment of children only half of the respective number of drops for adults may be applied.

Evaporation in the Aroma Lamp
Evaporation in the aroma lamp is the easiest and also most popular way of applying essential oils. For this, some drops of an essence are added to the bowl of the aroma lamp which is filled with water, and the candle underneath is lit. The flames heats up the water and as the liquid evaporates, the scent spreads out in the room. Some of the essences are more volatile (e.g., citrus oils) and have to be administered in higher doses, others again are quite concentrated and possibly bring about headaches or nausea in larger applications. Accordingly, the exact number of drops which are given into the water bowl depends on the fragrance intensity of the essence used but also on the
size of the room. As a rule, one takes five to ten drops. In case of very much concentrated essential oils like cistus, spikenard, patchouli or vetiver oil, already 1–2 drops are enough. Some essences smell so intensively that they can be diluted before application. Luckily, these include rose, hyacinth, jasmin, magnolia and narcissus. They are usually delivered in 5 ml–bottles which are only filled up to 1/5. These can be topped with jojoba oil, and this way, a dilution of 1:5 is obtained.

For a fast cleaning of the atmosphere of rooms (e.g., in case of unpleasant smells or negative vibrations) room sprays are useful. For their preparation, the essential oil has to be first solved in high percentage alcohol (best in 96% alcohol). After that, it can be diluted with distilled water by which the slightly strong smell of the alcohol disappears; furthermore, the price is lowered. Sometimes, the solution exhibits a milky haze which, however, does not influence the effect or the shelf-life.

Heavy and highly concentrated oils are less suited for room sprays. Most of the time, one of the citrus oils, lemon grass, rosewood, lavender, pimaster or eucalyptus are used.

The dosification here amounts to 0–15 drops on 100 ml of finished spray. The alcohol proportion should range at 20–30%.

... to be continued

Sources


New Bach Flower Body Maps, Inner Traditions, Rochester

*Neue Therapien mit ätherischen Ölen und Edelsteinen*, Isotrop Verlag, Bad Camberg [Therapies with essential oils and precious stones]

*Neue Therapien mit Farben, Klängen und Metallen*, Isotrop Verlag, Bad Camberg [New therapies with colours, sounds and metals]

*Neue Therapien mit Bach-Blüten 1+2*, Ansata Verlag, München [New therapies with Bach flowers 1+2]

*Neue Therapien mit Bach-Blüten 3*, Isotrop Verlag, Bad Camberg [New therapies with Bach flowers 3]

Software by Dietmar Krämer


Contact address

Dietmar Krämer
Römerstr. 9, 63450 Hanau, Germany
Tel.: +49 (0) 6181 / 259722
Fax: +49 (0) 6181 / 24640
info@dietmar-kraemer.de
www.dietmar-kraemer.de

Photos with kind permission of the publishing house Isotrop.
Healing Stones

Rose Quartz

The Great Encyclopaedia of healing stones, fragrances and herbs

The Great Encyclopaedia of healing stones, fragrances and herbs is not the work of one single author, but a joint achievement by many authors and experienced people worldwide, who over decades have gathered knowledge of healing stones. Consequently, it does not reflect any preceding literature which could be referred to in a directory of sources, but the actual experiences of innumerable cured people, whose endeavours for the powers of healing stones are the true sources of this book.

Historical tradition
Rose quartz has been revered since ancient times as a stone of love and of the heart. The Greeks and the Romans believed that the gods of love, Amor and Eros, brought the rose quartz to Earth in order to bestow upon people the elemental force of love and reconciliation. In the course of history it was often ascribed the same importance as ruby and carbuncle. Until today, rose quartz has lost none of its value in terms of beauty and healing powers. In the past few years, the special healing powers of rose quartz have also gained in importance.

Curative and therapeutic effects on the body
Rose quartz is a stone, which has really very diverse healing actions on the body. The focus of its actions are, however, those on the heart, the blood and the circulatory system. It relieves diseases that threaten the heart. When being laid on, rose quartz causes the heart to be supplied with sufficient oxygen. It prevents thrombosis and cardiac infarction. Rose quartz also has very protective actions on the heart muscle and the valves of the heart. Due to its healing and regenerative effects on the blood, rose quartz also ensures that the cardio-pulmonary system and the cardiovascular system, are better supplied with oxygen and nutrients during the circulation of the blood. Rose quartz penetrates with a very healing action into the function of the blood and the blood vessels. Apart from the kidneys, liver and the bone marrow, rose quartz not only purifies the blood, but also refreshes the blood and sup-

Colour
Pink, translucent

Chemical composition
SiO₂

Geology
Rose quartz belongs to the quartz family and has a hardness of 7. Manganese and very fine iron-rutile-needles give the rose quartz its characteristic rose colour. Only seldom, is rose quartz found as small crystals. The sites at which it is found are in Brazil, Namibia, Kenya and Madagascar. The most beautiful and most intensely coloured rose quartzes come from Madagascar and they are often found with a star.
plies it better with sufficient red and white blood corpuscles. Through the harmonising of the red and white blood corpuscles, blood diseases such as anaemia and leukaemia can also be prevented or healed. Besides the cardiovascular system, rose quartz stimulates metabolism. The supply of oxygen and nutrients, which is so important for the body, is with rose quartz at the same time better coupled to the detoxification of waste products and carbon dioxide. Moreover, rose quartz has a very protective effect on the primary and secondary genitals (testicles, ovaries, breasts, womb). Rose quartz gives us more vitality and fertility and harmonises sexual desires in partnership. Through a rose quartz massage (rose quartz massage rod) in combination with rose quartz water, cell growth and regeneration of the skin are accelerated. With regular massage it will be possible to achieve healthy skin, be free of pimples and look youthful. Blue spots and pain in the bones and joints caused by rheumatism can also be healed very intensively by massages with rose quartz. When placed under the pillow, rose quartz can relieve depression and sleeping disorders. Large rose quartzes (the size of a head) from Madagascar, especially, are absolute annihilators of radiation from the earth and water. Rose quartz, about the size of a fist, is an optimal stone to yield protection against electro-magnetic radiation from computers, and therefore should be used as a protective stone when you are working in front of a computer screen. The effects of the rose quartz can be felt to be many times greater by the action of star rose quartz spheres. With the help of star rose quartz beads from Madagascar diseases even in advanced stages, such as blood disease, venereal disease and multiple sclerosis can be healed, too. These beads are not only very attractive exponate in the home, but they deflect radiation from the earth over a long distance. We calculate, that for each 10 m² of floor area, a bead of 1 cm diameter is needed (for example 60 m² floor requires at least a sphere of 6 cm in diameter).

Curative and therapeutic effects on the mind
Rose quartz not only promotes the inner needs of faithfulness and love, but it also strengthens our appreciation of beauty. By using rose quartz, we experience a new foothold and the ability to let go after disappointments in love. It can also bring together people at a new level, who are alienated in their partnerships. With rose quartz a new foundation stone for a pure and prejudice-free new beginning in partnership and love can be laid. We are liberated from these anxieties, which could repeat disappointment, and very soon we are aware again of, love and trust in relation to our partner or in relation to somebody new to us. Wounds caused to our hearts by the rudeness of our fellow-men can be healed with the aid of rose quartz, so that we appreciate, that many comments made by our fellow-men were not intended in the way that we had interpreted them. Small children and adolescents should certainly wear a rose quartz in order to protect their sensitive minds. This harmonises and
protects the child’s mind and gives it protection in later years against freaking out. Rose quartz has a very vitalising power, due to its sensitive oscillations on our creative thought and fantasy. Through this stone, we achieve a greater sense of belonging to a partner, and to nature. Long chains of rose quartz can heal the pain of the heart and of the pang of love.

Sign of the zodiac

Taurus, 21st April to 20th May

Chakra

Rose quartz penetrates with its gentle oscillations into the body especially from the heart chakra. It bestows love, tenderness and greater contentment in relation to both ourselves and our fellow-men. Rose quartz especially protects the developing mind of children and young people from injury. During meditation, by using rose quartz, we achieve, above all, a healing of the heart after emotional injuries and our feelings are raised to a higher level. Through rose quartz, we will experience true love and be protected against untrue friends.

How can I obtain a rose quartz and how should I look after it?

Rose quartz can be obtained as rough stones, tumbled stones, hand stones, beads, pyramids, chains, obelisks, donuts and many fantastic forms for necklaces and leather bands. Very rarely, rose quartz can be obtained in small crystal groups. These strengthen the power of the rose quartz on the cardiovascular system, the blood and the heart many times. Rose quartz is a very powerful stone and should therefore be discharged once or twice a month under lukewarm, running water. We recommend that you discharge chains once a month, overnight, in a dry bowl with hematite tumbled stones. Then, the rose quartz should be recharged for a few hours in combination with clear crystal and amethyst. In the case of the very powerful Madagascar rose quartz, this is only necessary once a year, because this stone conceals a very great energy potential within it. You can recognise Madagascar rose quartz in contrast to other rose quartz, immediately by its transparency and striking colour.

With kind permission taken from the book
“The Great Encyclopaedia of Healing Stones, Fragrances & Herbs”
Methusalem Verlags-GmbH
89231 Neu-Ulm, Germany